

Excellence in Education Grant Recipient 2019-2020

Puppet Making and Social Emotional Learning

Lutherville Laboratory
Julie Eisler/Laura Numsen-
Grant Liaisons
Self Regulation



Students from kindergarten through 5th grade designed their own puppet that is demonstrating activities that could be useful to soothe uncomfortable feelings. Students used a variety of materials and wrote short skits for their puppets. Some skills students have acquired are:

- Reflecting on emotions
- Developing coping skills, a variety of techniques for self regulation
- Exploring mixed media and craftsmanship
- Designing individual problem solving skills and self expression
- Integrating arts and writing

