

Excellence in Education Grant Recipient 2018-2019

Changing Children Through Conscious Choices

Gunpowder ES
Principal: Wendy Cunningham
Grant Liaison: Heather Insley
Theme: Health Literacy

Our Gunpowder Family has been involved in a school-wide transformation using the Conscious Discipline approach. As a result, we have cultivated a safe and supportive social/emotional climate that promotes the health, growth, and development of our students and staff members.

- Increases the willingness to learn by creating a sense of belonging through the school/class family
- Actively engages students during Brain Smart Start to foster unity
- Disengages stress by teaching active calming breathing techniques
- Provides a safe place to self-regulate
- Resolves conflict in a way that creates closer relationships

