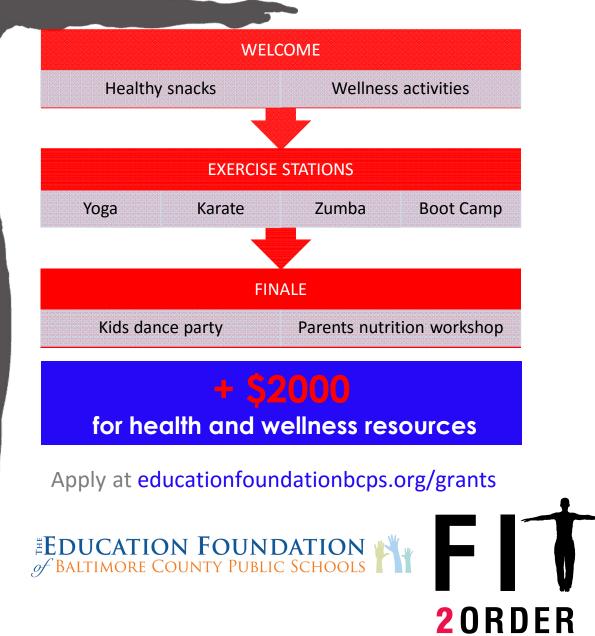
Health Literacy Grant

"Thank you! FIT family was a great experience for my family. The fitness station leaders were AWESOME!" ~Hawthorne Elementary School Parent

Enjoy a family-inspired, 2-hour event that encourages healthy living. Parents and kids exercise side by side. Kids enjoy nutritious snacking and a dance party, while parents learn key nutrition strategies.



303 West Allegheny Avenue, Towson - MD 21204 FIT2Order.com